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International Education and Resource Network

# SEED COMPARISON

a. If you can, bring small bowls of three different grains to your classroom. Perhaps you could bring rice, barley, maize, lentils or any others. Sit students in a circle around you. If online, share photos.

b. Pass the bowls around the circle and ask the children to feel the difference in the textures. You may want them to sketch the grains to see how they view the differences.

c. After passing, ask the children to tell you where they imagine the grains to have been grown, how the grains come to be in their city, how they are cooked and any other questions that you would like. I think this will be quite an imaginative discussion.

d. Cover the bowls of grains with a cloth to make them disappear. You might ask the children to imagine how hungry they would be if they had no cereal, no grains to eat every day. Perhaps you would ask them to imagine what it is like for children and their families to be unable to buy or grow grains of their own. Whatever direction you take will be outstanding.

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